

2024 MAY

ZION LUTHERAN SCHOOL - LUNCH CALENDAR

Milk and water are provided daily.
Peanut Butter and Jelly Sandwiches are available upon request as a substitute.

SUNDAY
FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	01 *Pizza Caesar Salad/Veggies Watermelon	02 *Grilled or Breaded Chicken Sandwich, Fries, Lettuce, Tomato, Mayo, Steamed Veggies, Peaches	03 Shrimp Poppers Tator Tots Fresh Veggies Apples and Bananas	04
05	06 *Mac-N-Cheese Dinner Rolls Veggies/Green Beans Fresh Fruit	07 *Beef Tacos Lettuce, Tomato, Onion Olives, Cheese Corn, Peaches	08 *Sweet-N-Sour Chx Nug. Rice Stir Fry Veggies Apples & Pineapple	09 *Tator Tot Egg Bake Green Beans Fresh Veggies Mixed Fruit	10 *Turkey sandwich Chips Fresh Veggies Oranges & Apples	11
12	13 *Hamburgers French Fries Lettuce, Tomatoe, Onion Coleslaw, Baked Beans Watermelon	14 *Spaghetti Garlic Bread Caesar Salad Fresh Veggies Pears/Manadarin Oranges	15 *French Toast Sticks or Waffle Scrambled Eggs, Sausage Fresh Veggie, Applesauce	16 *Chicken Nachos Lettuce, Tomato, Olives Onion, Cheese Corn, Pears	17 *Hot Dogs Fries Fresh Veggies Fresh Fruit	18
19	20 *Popcorn Chicken Mashed Potatoes/Gravy Corn Mixed Fruit	21 *Chicken or Cheese Quesadillas Lettuce, Tomato, Olives, Onions, Sour Cream Fresh Fruit	22 Play Day at Emanuel Hamburg	23 1/2 Day NO LUNCH	24 School Picnic *Hamburgers Pasta Salad *Mac-N-Cheese Baked Beans, Pickles Watermelon Icecream Treats	25
26	27	28	29	30	31	01

*indicates GF option available - Note The Gravy & Tomato Soup are NOT GF