2024 JANUARY

Milk and water are provided daily. Peanut Butter and Jelly Sandwiches are available upon request as a substitute.

ZION LUTHERAN SCHOOL - LUNCH CALENDAR

FIRST DAY OF WEEK

SUNDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	01	02	03	04	05	06
	NO SCHOOL	*Pizza Caeser Salad Veggies Fresh	*Chicken Nachos Lett, Tom, Onion, Olives Corn Mixed Fruit	*Hamburgers Lett, Tom, Cheese Pickles, Fries Pears	*Mini Corn Dogs Tator Tots Fresh Veggie Appels & Bananas	
07	08	09	10	11	12	13
	*French Toast Sticks Scrambled Eggs, Sausage Hashbrowns, F. Veggies, Applesauce	*Crispy Chicken Strips Fries Green Beans/Veggie Pineapple	*Spaghetti Garlic Toast, Caeser Sld/Veggies Mandarine Oranges	BBQ Rib Sandwich Tator Tots Steaned Veggie Fresh Fruit	*Deli Sub Lett, Tom, Pickles Chips Apples or Bananas	
14	15	16	17	18	19	20
	NO SCHOOL	Fish Sticks Fries Fresh Veggies Fresh Fruit	Sloppy Joes Tator Tots Baked Beans, Coleslaw Mandarine Oranges	*Italian Dunkers Marinara Green Beans Fresh Veggies	*Hot Dogs Chips Fresh Veggies Fresh Fruit	
21	22	23	24	25	26	27
	*Popcorn Chicken Mashed Pots/Gravy Corn Peaches	*Pizza Hotdish Bread Stick Caeser Sld/Veggie Fresh Fruit	*Beef Tacos Lett, Tom, Onion Peppers & Onion Corn, Peaches	Crispy/*Grilled Chx Sand Lett, Tom, Mayo Steamed Veggie Pears	Shrimp Poppers Tator Tots Fresh Veggie Apples & Oranges	
28	29	30	31	01	02	03
	*Mac-N-Cheese Dinner Rolls Salad/Veggies Mixed Fruit	*Sausage & Egg Sand Tri Tators Green Beans Fruit Choice	*Flatbread Pizza Caeser Salad Veggies Mandarine Oranges			

*indicates GF option available - Note Gravy & Tomato Soup is NOT GF